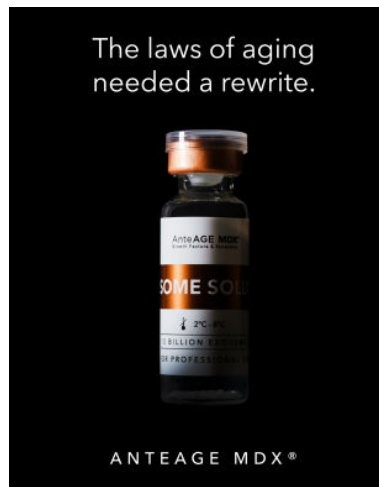


## Exosomes



## Pre- Post Treatment Instructions

### Pre- Care instructions:

**PREP SKIN WITH 1-2 PUMPS OF A SERUM & ACCELERATOR TWICE DAILY FOR 2 WEEKS PRIOR TO TREATMENT FOR BEST RESULTS**

#### 1. Avoid Sun Exposure:

- **Minimize sun exposure at least 2 weeks before treatment.**

#### 2. Avoid Certain Medications:

- **Avoid topical products that cause photosensitivity for 7 days prior to treatment.**
- **Refrain from other treatments such as BOTOX® injections, dermal filler injections, chemical peels, or microdermabrasion for at least 14 days prior to your appointment.**

#### 3. Consult Your Technician:

- **If you have a history of herpes or cold sores, consult with your technician about antiviral therapy before treatment, especially if you are receiving laser around the lips or chin area.**

### Post-Care Instructions:

#### 1. Apply remainder of solution:

- Apply any remaining solution throughout the day as needed for Hydration.
- Do not apply anything else to the skin, including SPF for 24 hours.
- After 24 Hours client can begin using 1-2 pumps of a serum skin regenerator/accelerator twice daily followed by SPF

## 2. Avoid Sun Exposure:

- Keep the treated area covered and avoid sun exposure to reduce the risk of dark or light spots for 2 weeks after treatment. Use a broad-spectrum sunscreen (SPF 30 or higher) daily.

## 3. Avoid Excessive Heat:

- For 24-48 hours post-treatment, avoid activities that generate heat, such as heavy workouts, saunas, or hot tubs, which can increase skin irritation.

## 4. Avoid Certain Medications:

- Avoid topical products that cause photosensitivity for 5 days post treatment.
- Refrain from other treatments such as BOTOX® injections, dermal filler injections, chemical peels, or microdermabrasion for at least 21 days post treatment.

## 5. Follow Treatment Plan:

- Attend all scheduled follow-up and maintenance treatments as recommended by your provider to achieve the best results.

Adhering to these pre- and post-care instructions can significantly enhance the effectiveness of your treatment.

**Follow-up treatments should be scheduled as needed, spaced by the following intervals:**

In office Microneedling treatments should be performed 1x per month (or every 4-6 weeks) for 3-5 months. Ablative treatments should be scheduled per device protocol.