

BioRePeel Clinical Patient Guide

High-Performance Revitalization with Minimal Downtime

BioRePeelCI3® is a medical-grade, biphasic peel that bypasses the skin surface to stimulate collagen and elastin from within. Because it works from the "inside out," you receive the benefits of a 35% TCA peel with little to no visible shedding, making it exceptionally safe for all Fitzpatrick skin types (I–VI).

1. Pre-Treatment: Preparation

Goal: Ensure the skin barrier is stable and ready for infusion.

- **7 Days Prior:** Discontinue all **Retinols (Tretinoin)**, **AHAs/BHAs (Glycolic/Salicylic)**, and Benzoyl Peroxide.
- **7 Days Prior:** Avoid facial waxing, threading, or laser hair removal in the treatment area.
- **Fitzpatrick IV–VI:** Use a daily **Pigment Inhibitor** (Kojic Acid, Vitamin C, or Tranexamic Acid) for 14 days prior to prevent Post-Inflammatory Hyperpigmentation (PIH).

2. The BioRePeel Advantage

Unlike traditional peels that cause heavy sloughing, BioRePeel's lipophilic phase protects the skin surface while delivering active ingredients deeper into the dermis.

- **Rapid Recovery:** The inclusion of Vitamin C, B2, and Amino Acids helps resolve post-procedure redness significantly faster than standard chemical peels.
- **Bio-Stimulation:** The formula promotes H_2O retention and relaxes fine lines for an immediate "plump" and hydrated appearance.

3. Post-Treatment Care: The First 48 Hours

Goal: Protect the newly stimulated skin and prevent irritation.

- **The 6-Hour Rule:** Do not wash your face or apply any products for at least **6 to 8 hours** after your treatment.
- **Exercise & Heat:** Avoid heavy sweating, saunas, and hot showers for **48 hours**. Excessive internal heat can lead to unwanted irritation or blistering.
- **Sun Protection:** Your skin is photosensitive. A **mineral SPF 30+** (Zinc or Titanium) is mandatory every morning, regardless of the weather.

- **Hydration:** Use a gentle, fragrance-free moisturizer twice daily to support the skin's barrier.

4. When to Re-Introduce "Actives"

Returning to your regular skincare routine too quickly can cause "chemical burns" or rebound pigmentation.

- **Days 1–5:** Use **only** a gentle cleanser, Hyaluronic Acid, and a bland moisturizer.
- **Day 7:** You may resume **Vitamin C** and **Antioxidant** serums.
- **Day 10:** You may resume **Retinol**, **Tretinoin**, and **Exfoliating Acids** (Glycolic, Salicylic, Lactic), provided your skin has no lingering redness or sensitivity.

5. What to Expect (The Timeline)

Phase	What it feels like	Clinical Action
Days 1–2	Immediate "Glow." Skin feels tight and firm.	Redness typically resolves within hours due to the peel's antioxidant profile.
Days 3–5	Possible light, "floury" flaking (not heavy peeling).	Do not pick or scrub. Allow any dead skin to shed naturally.
Day 7+	Improved texture and brighter tone.	This is the ideal time to re-introduce your Vitamin C.

6. Essential Safety for All Skin Types

1. **Avoid Manual Exfoliation:** Do not use scrubs, washcloths, or "cleansing brushes" for at least 7 days.
2. **Strict SPF:** This is the most critical step to prevent dark spots (PIH), especially for deeper skin tones.
3. **The Series:** For optimal correction of acne, scarring, or hyperpigmentation, a series of **4 to 6 treatments** spaced 7–12 days apart is recommended.